

LAND & GOLF HOTEL
STROMBERG
★★★★+ Das besondere Privathotel



SUPPORTING **PROGRAMMES**



GET A TASTE
OF GOLF

GOLF TASTER COURSE WITH STEWART MILLAR


Get involved in peace, nature and the fascinating world of golf – and experience how much joy and new energy targeted exercise in the fresh air can give you. Golf is more than just a game: it promotes concentration, stamina and body awareness – regardless of age or previous experience. Our golf taster course is aimed at anyone who would like to learn the basics of this versatile sport. Under the qualified guidance of golf pro Stewart Millar, you will experience your first steps on the hotel's own practice course.



Stewart Millar



 **PARTICIPANTS**
from 2 persons

 **DURATION**
from 1 hour

 **LOCATION**
Hotel's own driving range

 **COSTS**
from € 115



Whether as an active way to relax after an intensive conference day or as a shared experience for your group – the golf taster course gets body and mind moving, creates a beneficial distance from everyday life and provides new impetus for team spirit, motivation and focus. Putting, pitching and chipping are no longer foreign words for you afterwards!

INTERESTED?
You can find more information here.
info@golfhotel-stromberg.de
<https://www.golfhotel-stromberg.de/tagung/incentives/golfschnupperkurs/>





ACTIVE BREAK

ACTIVE BREAK WITH ALEXANDER KIEBER

Fresh energy, a better mood and new concentration – with the movement snack from physiotherapist Alexander Kieber, you can bring targeted movement into your conference or seminar day. Whether as an active interruption between two programme items or as a powerful start to an intensive working day: muscles, posture and circulation are activated with targeted exercises.

The session is accompanied by a short, practical keynote speech that clearly explains the relevance of health prevention in everyday life as well as the direct effects of the active break. The exercises are suitable for all age groups and can easily be performed in business outfits – without any prior knowledge.

The programme is rounded off with suitable music that provides additional dynamics. For groups of 30 people or more, the technical equipment is of course brought along to ensure good comprehensibility.



 **PARTICIPANTS**
from 1 person

 **DURATION**
from approx. 10 – 15 min.

 **LOCATION**
in your meeting room

 **COSTS**
from € 99,90

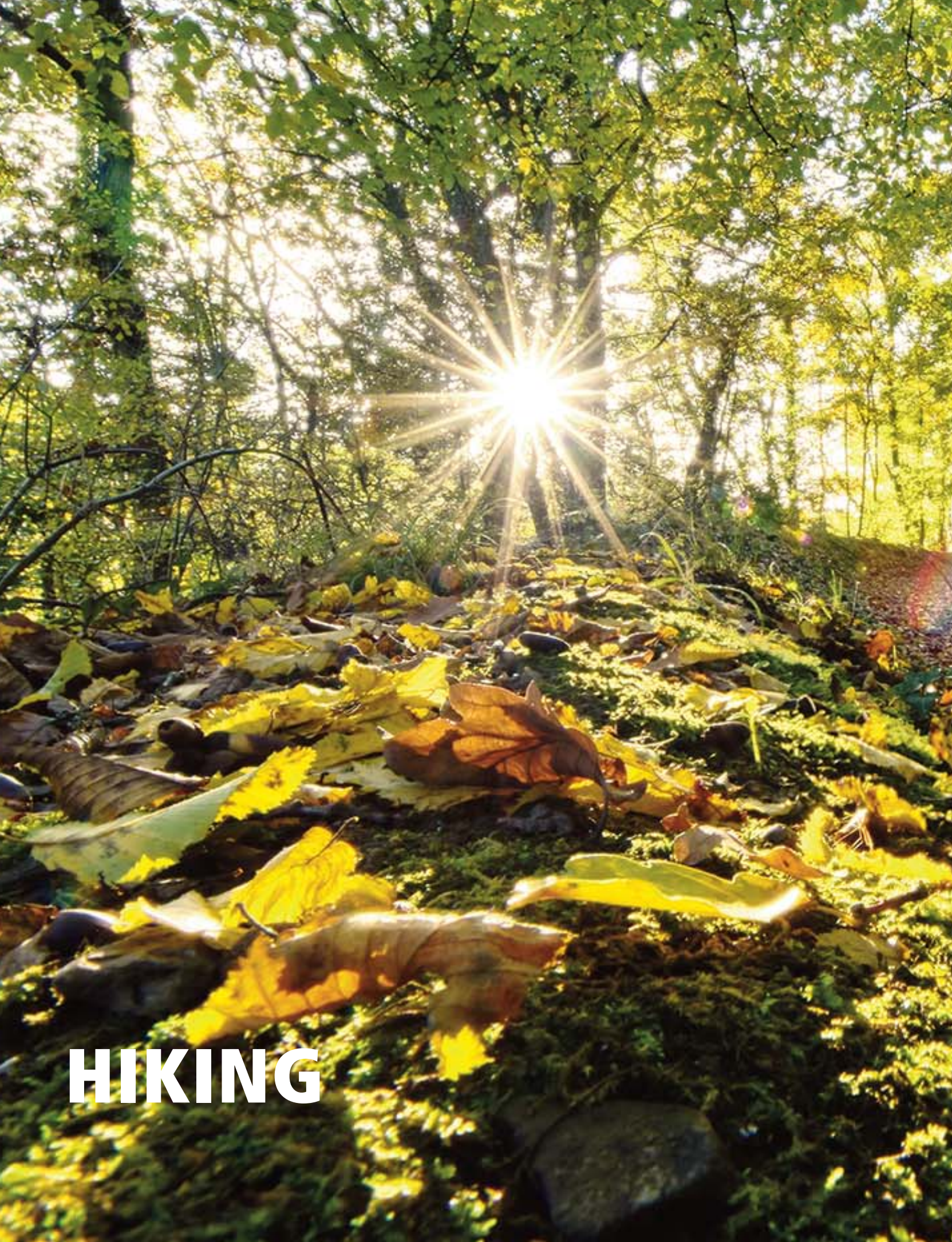


For longer formats or individually tailored health programmes, we will be happy to provide you with a tailor-made offer on request.

A short break with a big effect – mood-enhancing. Activating. Promotes concentration. Team-building.

INTERESTED?
You can find more information here.
info@golfhotel-stromberg.de
<https://www.praxiskieber.de/>





HIKING

HIKING WITH DIETMAR WEIMER

STROMBERG ROUND





Discover the charming Hunsrück town of Stromberg on a varied circular hike that starts and ends directly at the Land & Golf Hotel Stromberg. The Stromberg Round leads through idyllic countryside, past historical and contemporary sites of the region.

The tour not only offers fascinating insights into Stromberg's history and present, but is also the perfect way to end an eventful day in a sporty yet relaxing manner. Ideal for anyone who wants to combine nature, culture, and exercise!

TORCHLIGHT HIKE (September–April)

As dusk falls over Stromberg, the atmospheric torchlight hike begins – a special experience for all the senses. In the warm light of traditional torches, you'll explore Stromberg and its picturesque surroundings at a leisurely pace.





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-  **PARTICIPANTS**
from 1 person
 -  **DURATION**
approx. 2 hours
 -  **LOCATION**
Stromberg and surroundings
 -  **COSTS**
from € 130
-



The tour ends at the Land & Golf Hotel Stromberg, where a well-deserved dinner awaits you. The torchlight hike is the perfect end to an eventful day – a combination of peace, exercise and community that will remain a special memory for every participant.

INTERESTED?
You can find more information here.
info@golfhotel-stromberg.de
<https://www.golfhotel-stromberg.de/tagung/incentives/wandern-in-der-natur/>





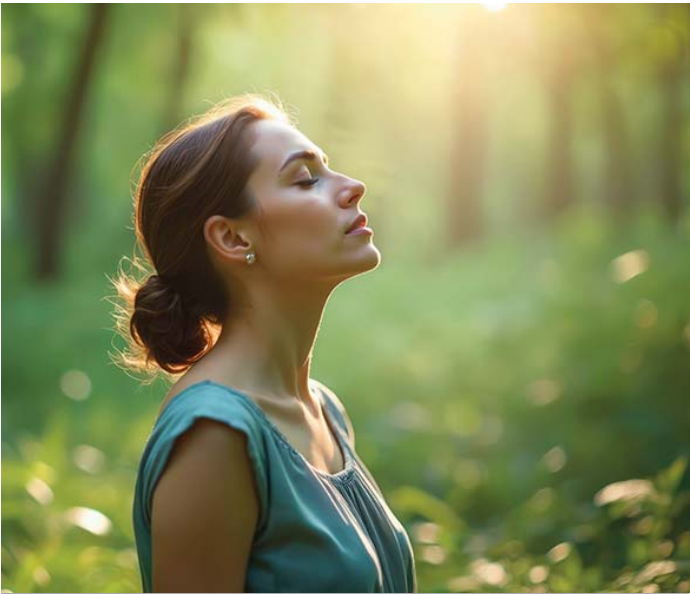
FOREST BATHING

FOREST BATHING WITH ANETTE CLEMENS


Escape the daily grind, take a deep breath and find yourself – this is exactly what a mindful stay in the forest allows you to do. Forest bathing allows you to consciously immerse yourself in the atmosphere of the forest and let its beneficial effects work their magic on your body and mind.

Mosses, ferns, herbs, tree bark and leaves – the entire plant world of the forest exudes fine essential oils. These natural fragrances are absorbed through the skin and breath and have a demonstrably positive effect on our immune system, blood pressure and heart rate. Just one day of forest bathing can increase the number of our defence cells for several days.

In the quiet, natural environment of the forest, you learn to see, hear, feel, smell and taste mindfully – to be present with all your senses. Mindfulness exercises accompany the path and help you to let go of tension, reduce stress and find a state of deep relaxation.



 **PARTICIPANTS**
max. 10 persons

 **DURATION**
approx. 1,5 hours

 **LOCATION**
Stromberger Forest

 **COSTS**
from € 80



Forest bathing is not a sporting activity, but an invitation to slow down, take a deep breath and harmonise with nature – a quiet, powerful experience for greater inner balance and well-being.

INTERESTED?
You can find more information here.
info@golfhotel-stromberg.de
<https://www.imwaldbaden.de/>



WINE & CUISINE

MODERATED WINE TASTING WITH REGIONAL WINEMAKERS

Give your evening programme an enjoyable and stylish setting: Our moderated wine tasting combines fine cuisine with authentic insights into the world of wine. Accompanied by an enjoyable dinner, selected wines are served, which are personally presented and commented on by the winemakers, starting with an aperitif, followed by wines to accompany the individual courses, whose origin, character and specialities can be experienced in direct dialogue with the winemaker.

Depending on availability, renowned wineries from the Nahe, Pfalz and Rheinhessen wine-growing regions will accompany the evening, including:

- > Wine and sparkling wine estate Dr. Gänz
- > Winery Königswingert
- > Winery Kruger
- > Winery Closheim
- > Winery Dönnhof
- > Winery Emrich-Schönleber
- > Winery Knipser
- > Winery Bassermann-Jordan
- > Winery Dautermann
- > Battenfeld Spanier and Kühling-Gillot wineries



 **PARTICIPANTS**
from 10 persons

 **DURATION**
approx. 3 hours

 **LOCATION**
Land & Golf Hotel Stromberg

 **COSTS**
from € 45 per person



The cost of the moderated wine tasting includes an aperitif and wines to accompany the menu or buffet.

The respective culinary offer will be charged separately – if an exclusive menu is chosen, a corresponding surcharge will apply.

An experience for connoisseurs – with an authentic character, a personal touch and plenty of room for enjoyment and dialogue!

INTERESTED?
You can find more information here.
info@golfhotel-stromberg.de
<https://www.golfhotel-stromberg.de>





WINE & SPARKLING WINE ESTATE DR. GÄNZ

WIN HIKE

Ideal for those who want to combine nature, good company, and fine wines: Experience the special atmosphere of the Guldental vineyards and discover the diverse world of wine on a wine hike or tasting – where passion, tradition, and craftsmanship meet.

Together with the renowned Dr. Gänz winery and sparkling wine estate, we offer you a delightful program centered around the vine: Whether a leisurely wine hike with a traditional tasting in the vineyard or an exciting tour of the winery followed by a wine tasting – each option offers unique insights into the production of high-quality wines and sparkling wines from the Nahe Valley. The wine tastings are accompanied by small, complementary delicacies – or, upon request, by a full dinner in the stylish ambiance of the winery itself. This transforms enjoyment into an experience.



PARTICIPANTS
from 15 persons



DURATION
from 2.5 hours



LOCATION
Wine and sparkling wine estate Dr. Gänz, Guldental



COSTS
from € 35 per person



Hiking, wine tasting, and vintner's snacks – let yourself be pampered and enjoy the beautiful landscape around Guldental in excellent company. Whether as an incentive, a relaxing program item after a conference, or as a special appreciation for employees and business partners – this offer is guaranteed to be memorable.

INTERESTED?
You can find more information here.
info@golfhotel-stromberg.de
<https://www.gaenz.de/start>



LAUSCHHÜTTE OUTDOORPARK

EXPERIENCE MORE OUTDOORS

Under this motto, the OutdoorPark around the Lauschhütte offers many exciting, entertaining, and active adventure stations.

With its diverse offerings, such as a climbing forest, archery course, team-building course, various TabAction tours with iPads, and other team-building event options, it is unique in the Rhein-Main-Nahe region.


On beautiful hiking trails and from the nearby Franz Roos Tower on the Salzkopf (624m above sea level), you can see as far as the mountains of the Eifel, Westerwald, and Pfalz. The views of the vineyards of the Rheingau, Rheinhessen, and Nahe regions, as well as the UNESCO World Heritage Site of the Middle Rhine Valley, are simply magnificent, especially in autumn. And in winter, the highest toboggan run in Rhineland-Palatinate offers fantastic snow fun. Under this motto, the OutdoorPark around the Lauschhütte offers many exciting, entertaining, and active adventure stations.

Team spirit at lofty heights - your supporting programme in the climbing forest at the Lauschhütte

Courage, trust, and tons of fun – that's what your employees will experience at the Lauschhütte Climbing Forest. Exciting courses of varying difficulty await you amidst the mighty treetops of the Bingen Forest, playfully strengthening collaboration, communication, and team spirit.

Whether as an active activity at the end of a conference day, as team building after a successful project, or as the grand finale of your company outing – here, your team will surpass themselves. And that's meant quite literally.

 **PARTICIPANTS**
from 1 person

 **DURATION**
approx. 2 hours

 **LOCATION**
Lauschhütte Forestry Lodge

 **COSTS**
on request



The fresh forest air, the safe supervision of experienced guides, and the unique natural setting make the climbing forest an unforgettable experience that will have a lasting impact.

INTERESTED?
You can find more information here.
info@golfhotel-stromberg.de
<https://www.lauschhuette.de/>





EVENT COLLECTIVE

EVENT KOLLEKTIV – YOUR PARTNER FOR SPECIAL EXPERIENCE

The Event-Kollektiv company specialises in team events and conference framework programmes that connect, motivate and inspire teams in the long term.


Whether outdoor or indoor, creative or competition-orientated – they develop formats that fit your goals exactly.

The options include, for example

- **Outdoor highlights** such as team challenge, escape game, golf team cup or laser clay pigeon shooting
- **Creative programmes** such as chain reactions, soapbox races, exciting film shoots or interactive photo campaigns
- **Indoor experiences** such as hotel golf, pub games or our entertaining dinner game show

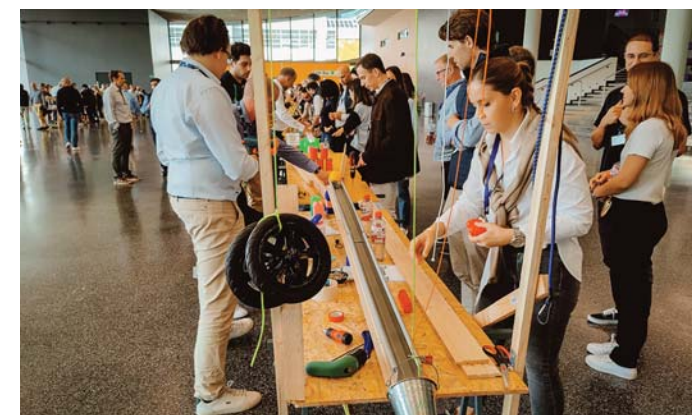


 **PARTICIPANTS**
from 10 people

 **DURATION**
approx. 45 – 90 min.

 **LOCATION**
Hotel and surroundings

 **COSTS**
on request



All programmes can be implemented directly at the hotel or at least within a short walking distance.

INTERESTED?
You can find more information here.
info@golfhotel-stromberg.de
<https://www.event-kollektiv.de/>



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